

Down Syndrome

Resource Foundation



Annual Impact Report

2023

6,703

Individual Client Sessions

2,950

Speech Language Therapy

1,441

Occupational Therapy

1,290

One to One Reading & Math

285

Mental Wellness

469

Positive Behaviour Support

242

Comprehensive Sexual Health

26

Employment Support

386

Group Program Clients

280

Group Leisure Programs

71

Group Education Programs

35

Parental Wellness

Revenue

\$2,521,401

Programs & Services
40%

Fundraising
57%

Admin 3%

Spending

\$2,622,127

Programs & Services
80%

Fundraising 10%

Admin 10%



Operational Highlights

Expanded our **occupational therapy services** and **finance and operations team** with the addition of new staff

Launched **DSRF's Down Syndrome Academy**, an online learning platform offering a variety of self-paced courses, and the **Down Syndrome Academy mobile app**

Strengthened relationship with the Ministry of Children and Family Development while advocating for improved provincial supports for children and youth with Down syndrome

Introduced new **Sharp Shooters photography club**

Released **short film** CrossRoad: Where Down Syndrome Meets Autism

Success Story: Positive Behaviour Support

An 8-year-old girl had developed a fear of new environments and refused to enter any unfamiliar building. As a result, she had missed a series of essential medical appointments. After a process of visiting a series of neutral places with her, she was able to go to Children's Hospital — willingly entering the waiting room, and even opening her mouth for the doctor!

Staff Milestones

Some longtime DSRF staff members achieved significant milestones in 2023. Susan Fawcett, Director of Therapy, Behaviour and Family Support, celebrated 20 years with DSRF, while Eleanor Stewart, Director of Education Programs and Services, marked 15 years with the organization. Congratulations!

"It is hard to describe **what DSRF means to us**. We have been involved with them **since our child was a baby** and have pretty much used **every resource** they provide at some point. The staff are **unbelievable**, they see the **potential** in my daughter and **bring out the very best** in her. She **loves coming here** and has **so much fun** with various therapists while learning **invaluable life skills**. I am so **thankful** to our family at DSRF and would be **lost without them.**" - DSRF parent

Donate Now!



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